

WHAT ARE JIGGERS?

WHAT DOES SOLE HOPE DO?

WHAT CAN YOU DO?

Jiggers are devastating parasites that have a profoundly negative impact on all aspects of people's lives, particularly affecting the most vulnerable. They are almost invisible at first, but once they burrow into the skin and start feeding on blood vessels, they swell with eggs and continue to infest the host. This results in infections that can lead to the removal of limbs and infected areas. In some extreme cases, it can even cause death. The pain they cause is severe and affects children's ability to go to school, adults' ability to perform daily tasks, and the elderly's independence.

However, the agony of jiggers goes beyond the physical pain. Due to cultural misconceptions, those affected are often considered cursed. This leads to isolation and social ostracism.

Children with jiggers are often hidden away and abused. This stigma adds a heavy emotional burden, turning the visible scars of jiggers into symbols of deeper, unseen wounds.

Affecting millions, this crisis is not just a medical issue but also a problem widely overlooked by the government. It is a call to empathy and action for the most vulnerable.



At Sole Hope, we take a **comprehensive** and holistic approach in our fight against jiggers, addressing the issue from multiple angles to ensure **complete care** and prevention for those affected.

Weekly School and Community Clinics:

Our team washes the feet of hundreds of children, treats them for jiggers, educates on prevention, and provides durable shoes.

Residential Treatment Facility: Our center offers comprehensive care for severe jigger cases, including treatment, nourishment, education, and psychosocial support.

Community Education and Social Work:

We empower communities to prevent jiggers and support vulnerable families through education and resource connection.

Shoemaking: Our shoemaking initiative offers stable employment to Ugandan artisans, crafting durable shoes that prevent jiggers and foster community pride.

Government Hospital-Based Partner Clinics: We partner with hospitals, doctors, and nurses to ensure prompt and effective treatment for jigger-infested individuals and address other medical needs.

Economic Empowerment Program:

Our program empowers women through self-help groups, fostering financial independence and self-sufficiency in community businesses.

Host a Shoe-Cutting Party:

You don't need crafty skills; you only need a compassionate heart to make an impact. **Visit solehope.org/party** to learn how to party with a purpose.

Sponsor Shoes and Treatment: With **just a** \$35 donation, you can profoundly impact a child's life in Uganda, providing **medical** treatment, education, and protective shoes. Consider also becoming a monthly giver to sustain our efforts and extend your impact throughout the year.

Raise Your Voice for Hope: Get involved with Sole Hope on social media to amplify our initiatives. Participate in awareness-building activities like a barefoot walk or a fun Denim Dash 5K. You can also create birthday fundraisers to spread the word and gather support.

Your engagement, in any form, is vital to our mission. Each step you take, whether in a fun run or online, contributes significantly to our collective effort for change.

